

Summary Table for Public Health Solutions 2009-2010

| Indicators | Overall | | | | | | Men | | | | | | Women | | | | | |
|---|---------|------|------|-------|------|------|------|------|------|-------|------|------|-------|------|------|-------|------|------|
| | LHD | | | State | | | LHD | | | State | | | LHD | | | State | | |
| | % | L % | U % | % | L % | U % | % | L % | U % | % | L % | U % | % | L % | U % | % | L % | U % |
| Health Care Access | | | | | | | | | | | | | | | | | | |
| No health care coverage, 18-64 years old | 17.9 | 14.4 | 21.5 | 15.8 | 14.6 | 17.1 | 17.9 | 12.5 | 23.4 | 16.6 | 14.7 | 18.4 | 17.9 | 13.3 | 22.6 | 15.1 | 13.4 | 16.8 |
| Could not see a doctor in past year due to cost | 11.7 | 9.2 | 14.2 | 10.9 | 10.0 | 11.7 | 10.1 | 6.5 | 13.7 | 9.2 | 8.0 | 10.4 | 13.2 | 9.9 | 16.5 | 12.5 | 11.2 | 13.7 |
| Visited a doctor for a routine checkup in past year | 58.5 | 55.1 | 62.0 | 58.0 | 56.8 | 59.3 | 52.1 | 46.7 | 57.4 | 51.3 | 49.4 | 53.2 | 64.7 | 60.5 | 68.9 | 64.5 | 63.0 | 66.1 |
| Cardiovascular Disease | | | | | | | | | | | | | | | | | | |
| Ever told had a heart attack | 5.3 | 4.2 | 6.4 | 3.7 | 3.4 | 3.9 | 7.3 | 5.3 | 9.3 | 4.9 | 4.5 | 5.3 | 3.4 | 2.3 | 4.5 | 2.5 | 2.2 | 2.7 |
| Ever told had angina or coronary heart disease | 5.5 | 4.4 | 6.6 | 3.9 | 3.5 | 4.2 | 7.8 | 5.7 | 9.9 | 4.6 | 4.2 | 5.0 | 3.3 | 2.3 | 4.3 | 3.1 | 2.7 | 3.6 |
| Ever told had a stroke | 2.9 | 1.7 | 4.1 | 2.3 | 2.1 | 2.6 | 3.2 | 0.9 | 5.4 | 2.3 | 1.9 | 2.7 | 2.7 | 1.7 | 3.6 | 2.4 | 2.1 | 2.7 |
| Ever told blood pressure was high | 35.5 | 31.0 | 39.9 | 27.1 | 25.9 | 28.4 | 36.5 | 29.3 | 43.8 | 29.0 | 26.9 | 31.1 | 34.4 | 29.1 | 39.7 | 25.3 | 23.9 | 26.7 |
| Had cholesterol level checked during past 5 years | 73.3 | 68.1 | 78.6 | 73.9 | 72.1 | 75.6 | 71.7 | 64.0 | 79.5 | 72.0 | 69.3 | 74.7 | 74.9 | 67.8 | 82.0 | 75.7 | 73.4 | 77.9 |
| Ever told cholesterol was high, among not screened | 43.1 | 38.1 | 48.0 | 37.4 | 35.8 | 39.0 | 38.6 | 30.7 | 46.6 | 39.7 | 37.1 | 42.3 | 47.2 | 41.2 | 53.2 | 35.3 | 33.4 | 37.2 |
| Overweight and Obesity | | | | | | | | | | | | | | | | | | |
| Overweight (BMI=25.0-29.9) | 37.9 | 34.6 | 41.1 | 37.0 | 35.8 | 38.1 | 42.3 | 37.1 | 47.6 | 43.6 | 41.7 | 45.4 | 33.3 | 29.3 | 37.3 | 30.4 | 29.0 | 31.8 |
| Obese (BMI=30+) | 31.0 | 27.8 | 34.2 | 28.1 | 27.0 | 29.1 | 33.2 | 28.2 | 38.3 | 30.4 | 28.8 | 32.1 | 28.7 | 25.0 | 32.5 | 25.7 | 24.4 | 27.0 |
| Fruit / Vegetable Consumption | | | | | | | | | | | | | | | | | | |
| Consumed fruits and vegetables 5+ times per day | 21.7 | 17.6 | 25.8 | 21.1 | 19.8 | 22.4 | 13.8 | 8.4 | 19.2 | 15.7 | 14.0 | 17.5 | 29.2 | 23.2 | 35.1 | 26.1 | 24.3 | 28.0 |
| Physical Activity (PA) | | | | | | | | | | | | | | | | | | |
| No leisure-time PA in past 30 days | 30.1 | 27.1 | 33.2 | 24.5 | 23.5 | 25.4 | 31.3 | 26.4 | 36.1 | 23.1 | 21.7 | 24.5 | 29.1 | 25.3 | 32.8 | 25.8 | 24.5 | 27.1 |
| Moderate or vigorous PA in a usual week | 43.9 | 38.9 | 48.9 | 47.8 | 46.1 | 49.5 | 43.5 | 35.7 | 51.3 | 48.7 | 46.1 | 51.4 | 44.2 | 37.8 | 50.7 | 46.9 | 44.7 | 49.0 |
| Vigorous PA 20+ min/day, 3+ days per week | 26.7 | 22.0 | 31.5 | 29.7 | 28.0 | 31.4 | 28.5 | 21.1 | 35.9 | 31.9 | 29.2 | 34.5 | 25.1 | 18.9 | 31.2 | 27.6 | 25.4 | 29.8 |
| Alcohol Consumption / Tobacco Use | | | | | | | | | | | | | | | | | | |
| Engaged in binge drinking in the past 30 days | 17.6 | 14.8 | 20.5 | 18.7 | 17.6 | 19.7 | 24.5 | 19.7 | 29.4 | 25.2 | 23.5 | 26.9 | 11.2 | 8.4 | 13.9 | 12.5 | 11.3 | 13.7 |
| Current smoker (at least some days of the month) | 17.4 | 14.7 | 20.2 | 17.0 | 16.0 | 18.0 | 20.9 | 16.4 | 25.4 | 18.4 | 16.9 | 19.9 | 14.2 | 11.1 | 17.3 | 15.6 | 14.3 | 16.9 |
| Attempted to quit smoking in past 12 months | 59.7 | 51.0 | 68.3 | 56.6 | 53.4 | 59.8 | 58.8 | 46.5 | 71.0 | 54.6 | 49.9 | 59.2 | 60.9 | 48.7 | 73.1 | 59.0 | 54.7 | 63.2 |
| Cancer Screening | | | | | | | | | | | | | | | | | | |
| Had a colonoscopy in past two years, 50+ | 8.8 | 6.6 | 10.9 | 11.8 | 11.0 | 12.7 | 8.9 | 5.4 | 12.4 | 13.1 | 11.7 | 14.6 | 8.6 | 6.1 | 11.2 | 10.7 | 9.7 | 11.7 |
| Ever had a prostate cancer screening, male 50+ | . | . | . | . | . | . | 5.4 | 2.7 | 8.0 | 6.8 | 5.8 | 7.8 | . | . | . | . | . | . |
| Had a mammogram in past two years, female 40+ | . | . | . | . | . | . | . | . | . | . | . | . | 67.3 | 62.1 | 72.4 | 71.5 | 69.9 | 73.2 |
| Had a Pap test in past three years, female 18+ | . | . | . | . | . | . | . | . | . | . | . | . | 65.2 | 60.1 | 70.2 | 73.2 | 71.2 | 75.1 |

Note: % is weighted by health district, gender, and age; L% and U% are the lower and upper limits for the 95% confidence interval, respectively.

LHD=local/district health department; BMI=body mass index